

Week 3: Alive in Christ (Romans 6:1–11)

Theme: We are dead to sin and alive to God in Christ Jesus.

Main Points

1. **Dead to sin (vv. 1–4)**
2. **Alive to God (vv. 5–8)**
3. **Living the new life (vv. 9–11)**

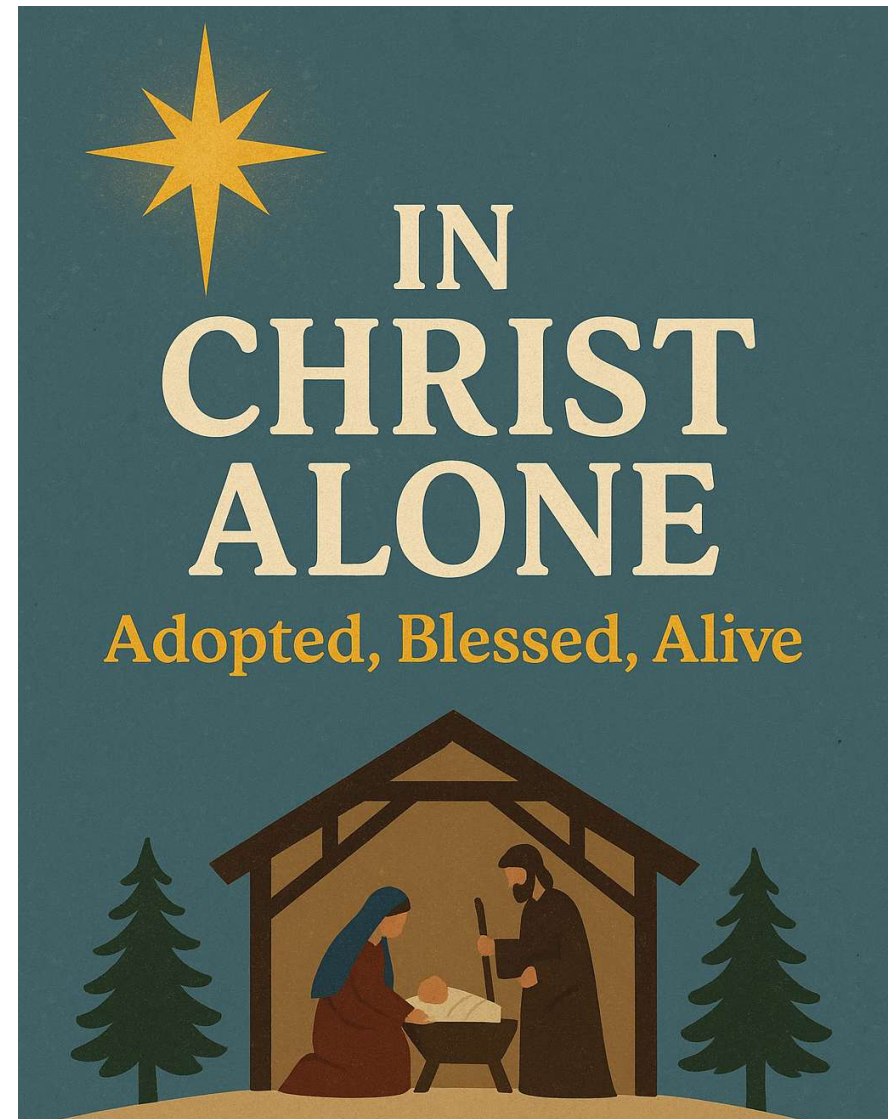
Application

- **Reject sin's grip:** Don't let old habits define you.
- **Embrace daily renewal:** Each day is a chance to live resurrection life.
- **Witness to others:** New life in Christ is visible; show it in how you speak, serve, and forgive.

Day	Scripture	Reflection or Challenge
Mon	Romans 6:4	What “old habits” might God be calling you to leave behind this week?
Tue	2 Corinthians 5:17	Write down what “new creation” looks like for you. What evidence of new life is growing?
Wed	Colossians 2:12-13	Reflect on how your faith began. How has God brought you from death to life?
Thu	Philippians 3:10-11	Pray for deeper fellowship with Christ today — not just knowledge <i>about</i> Him, but personal communion.
Fri	Galatians 2:20	In one decision today, consciously choose what Christ would do through you.
Sat	John 11:25-26	End the week rejoicing in eternal life — how might you share this hope with someone else?

St. Mark Lutheran Church

Disciples of Jesus, Connecting our Community to Christ



DAILY REFLECTIONS FOR THE CHRISTMAS SEASON

Week 1: Adopted in Christ (Galatians 4:4–7)

Theme: You are no longer a slave, but a child of God.

Main Points

1. **God’s perfect timing (v. 4)** — “When the fullness of time had come...”
2. **Christ’s mission (v. 4–5)** — Born under the law to redeem those under the law.
3. **Our new identity (v. 6–7)** — No longer slaves but sons and heirs.

Application

- **Identity:** Stop living like spiritual slaves (fear, performance, shame).
- **Intimacy:** Pray to God as “Abba, Father” with confidence.
- **Inheritance:** Trust that your future is secure, not based on what you earn but on God’s promise.

Day	Scripture	Reflection or Challenge
M	Romans 8:14-17	When you pray today, address God as “Father.” What changes in your heart when you do?
T	John 1:12-13	Reflect on the gift of being chosen and loved — not earned, but received.
W	Ephesians 2:4-6	Write down one area of your life where you’ve seen God bring new life and grace.
Th	1 John 3:1-2	How might you show the love of the Father to someone who feels forgotten?
F	Galatians 3:26-28	Celebrate your unity in Christ — reach out to a fellow believer this week to encourage them.
S	Psalms 103:13-14	Rest in the compassion of your heavenly Father today. What burdens can you release to Him?

Week 2: Blessed in Christ (Ephesians 1:3–14)

Theme: Every spiritual blessing is ours in Christ.

Main Points

1. **Chosen and adopted (vv. 3–6)**
2. **Redeemed and forgiven (vv. 7–10)**
3. **Sealed with the Spirit (vv. 11–14)**

Application

- **Confidence:** You are not an accident; God chose you.
- **Freedom:** You are not defined by past failures; you are forgiven.
- **Hope:** Your future is guaranteed; live with eternal perspective.

Day	Scripture	Reflection or Challenge
M	Ephesians 1:3–6	Begin the week by thanking God for choosing you — how might this shape your self-worth today?
T	Ephesians 1:7–10	Meditate on what it cost Christ to redeem you. How does His grace free you to forgive others?
W	Ephesians 1:11–14	Ask the Spirit to guide your thoughts and words today — how can you reflect His presence?
Th	Colossians 3:1–4	What distractions are keeping you from seeing God’s blessings clearly?
F	2 Corinthians 9:8	Name three ways God has already blessed you this week, and thank Him specifically for each.
S	Psalms 103:1–5	Spend quiet time in gratitude — worship God for who He is, not just what He gives.